Yoga Spot Amsterdam @ Te Paske in Winterswijk

May 28 or 30 / June 4 2021

# Participation Form

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| Name:  | **Yoga Spot Hatha FlowYoga Teacher Training Retreat May/June 2021** |
| Teachers  | Lahma Muris & Margriet Verhagen |
| Retreat date | May 28 or 30 / June 4 2021 |
| First Name |  |
| Surname |  |

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| **Diet requirements** | The retreat serves vegetarian food and refrains from alcohol. You are welcome to bring your favorite snacks with you (to share)! |
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| Are you a vegetarian?  | Yes/No |
| Are you a vegan?  | Yes/No |
| Do you have food allergies or intolerances? Please, specify | Yes/No |
| Any specific needs? | Yes/No |
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**Notes :**

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