Yoga Spot Amsterdam @ Te Paske in Winterswijk

May 28 or 30 / June 4 2021

# Participation Form

|  |  |
| --- | --- |
| Name: | **Yoga Spot Hatha FlowYoga Teacher Training Retreat May/June 2021** |
| Teachers | Lahma Muris & Margriet Verhagen |
| Retreat date | May 28 or 30 / June 4 2021 |
| First Name |  |
| Surname |  |

|  |  |
| --- | --- |
| **Diet requirements** | The retreat serves vegetarian food and refrains from alcohol. You are welcome to bring your favorite snacks with you (to share)! |
|  |  |
| Are you a vegetarian? | Yes/No |
| Are you a vegan? | Yes/No |
| Do you have food allergies or intolerances? Please, specify | Yes/No |
| Any specific needs? | Yes/No |
|  |  |

**Notes :**

|  |
| --- |
|  |